

ADVANCE CARE PLANNING

Expressing your wishes for future health care decisions

Advance Care Planning is a process of reflection and communication about personal care preferences in the event that you become incapable of consenting to or refusing treatment or other care.

Salt Springers, young and older, are invited to this free introductory session on Advance Care Planning with RN Dawn Dompierre of Island Health.

Healthy, active aging includes planning for your future. What does giving consent to Health Care mean? What are Representative Agreements, Advance Directives and Temporary Decision Makers?

**Thursday Nov. 6th 1:00 - 3:00 p.m.
in the Library's Program Room**

for more information contact

Salt Spring Hospice 250-537-2770

S P O N S O R S

